

The art of getting what you want

With the theory of evolution formulated by great English naturalist 'Charles Darwin', we humans undoubtedly can claim that our appearance and behavioural characteristics have changed over time. The journey from birth to the death is inevitable and one in no way can escape at his will. But beyond the observable reality in this phase, we also witness a change in the direction towards looking at the different horizons of life. As an infant, we make our presence felt by crying at the top of our voice. As a schoolboy, we are unwilling to leave the protected environment of our home as we are still not confident enough to exercise our own discretion. As a young youth, we challenge our limitation and seek freedom at every possible corner.

As an adult, we practice pragmatism & look for various opportunities in personal & professional growth. As an old man, we search for space filled with peace, love and compassion. Somewhere in between, we come across few wishes, dreams and desires which defines the purpose of our existence. It leads to create two different segments of people. One who relies on the choices they take for their life & the other who fall upon chances either by wrong decision or by misfortunes in their life.

The art of choosing the action plan to achieve what we want in our life is too simple until unless we don't complicate it. It is more understandable by a set of principles we should adhere to.

Principle 1: Believe that you're the creator of your identity

The first step to learning manifest your dream into reality is you must define yourself: a mortal human with a certain time frame of existence. Ask yourself, "How would you like to be remembered after you die?"

Principle 2: Keep an eye on your ideas and thoughts

Become a master at monitoring the ideas, thoughts and feelings you are aligning yourself with. Your thoughts and feelings become your reality, so become adept at observing the thoughts and feelings you are creating for yourself.

Principle 3: Release your imagination from current living circumstances

Do not limit your imagination to your current condition of your life. Keep reminding yourself that everything that you've believed has gotten you precisely the point where you are now.

Principle 4: Eradicate your doubts and fear from external circumstances

You never allow outside circumstances to deflect you from your desires.

The inner picture in your imagination is undisturbed by opinions or provocations that originate outside of yourself.

Principle 5: know that what you've is already enough

When you stop needing more of everything, more of what you desire seems to arrive in your life. Feel gratitude for everything you have in this moment. Know that this is enough.

The art of getting what you want is solely governed by the strong patience and perseverance one holds irrespective of the hindrances they might face on the way.